



MD Food Service

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Spaghetti Meat sauce Garlic fingers	Chilli	Chicken Alfredo Garlic fingers	Hawaiian Meatballs Carrots Rice	BBQ Chicken Roasted Potatoes
Week 2	Lasagna Meat Sauce Garlic fingers	Pop up Special	Sweet/sour Chicken Veggies Rice	BBQ Pulled Pork hoagie Roasted potatoes	Mac & Cheese Garlic fingers
Each daily special will come with a muffin and bottle of water - \$6.00 includes all taxes.					

Daily Price List

Sandwiches

Turkey Hoagie	\$4.50
Grilled Chicken Hoagie	\$4.50
Roast Beef Hoagie	\$4.50
Salsa Wrap	\$4.50
Chicken Wrap	\$4.50

Salads

Caesar	\$4.00
Chicken Caesar	\$4.50
Garden Salad	\$4.00

Snacks

Fruit Cups	\$1.00
LF 35g Muffin	\$0.50
100g Yogurt	\$1.00
Carrot sticks	\$1.00
Banana	\$1.00
Celery sticks	\$1.00
Yogurt & Granola	\$1.50
Weekly Snack Variety	

Daily Menu

BBQ Chicken Pizza	\$4.50
Cheese Pizza	\$4.50
Cheese Burger Pizza	\$4.50
Veggie Pizza	\$4.50
Garlic Fingers	\$4.00
Quesadilla	\$4.00
Soft Beef Taco	\$4.00

Drinks

White Milk	\$0.60/\$1.20
Chocolate Milk	\$0.60/\$1.20
Smoothie	\$3.00
Bubly Sparkling Water	\$1.50
Dasani Water 591ml	\$2.00

New Daily Items

Extra Lean Burger and Oven Roasted Coin Potatoes	\$5.00
Extra Lean Cheese Burger and Oven Roasted Coin Potatoes	\$5.50

All prices have taxes included